experience a Guyanese tradition





Golden Cream Margarine is a delicious and versatile spread that is perfect for all your cooking and baking needs. Made with high-quality vegetable oils, this creamy margarine has a rich and buttery taste that is sure to enhance the flavor of your favorite recipes.

It is great for making everything from flaky pie crusts to mouth-watering cakes and cookies.

Ingredients: Vegetable Oils, Water, Salt, Emulsifier, Citric Acid, Preservative, Flavouring, Antioxidant, Vitamin A & D, and Colour (Beta Carotene)



Free of Trans Fat! *





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NO CHOLESTERO

MARGARINE 450g

100% VEGETABLE OILS . NO REFRIGERATION



Crafted with the same delicious tradition as our classic Golden Cream, embrace all the joys you love with Golden Cream Reduced Fat Margarine. Made with wholesome, 100% vegetable oils, it caters to health-conscious bakers and cooks without sacrificing flavor or texture. Golden Cream Reduced Fat – your partner for lighter, heart-healthy, and delicious creations in the kitchen!

Ingredients: Palm, Soybean & Rapeseed Oils, Water, Emulsifier, Stabilizer, Soy Lecithin, Butter Flavour, Antioxidants, Colour (Beta-Carotene), and Vitamin A & D.













Abbey Butter Spread

Abbey Butter Spread is a spreadable butter alternative that is made with a blend of vegetable oils, water, and milk solids. It has a rich, buttery flavor and is a good source of vitamins A and D. Abbey Butter Spread is also free of trans fats and cholesterol.

To use Abbey Butter Spread, simply spread it on bread, toast, or bagels. It can also be used in cooking and baking.

Ingredients: Purified Water, Rapeseed Oil, Shea, Palm Oil, Coconut Oil, Soybean Oil, Salt, Lecithin, Beta-Carotene, Citric Acid, Vitamin A&D, Milk, Flavour, Emulsifiers, BHA, and Potassium Sorbate.





CHOLESTERO



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Marigold Margarine

Marigold Margarine is a versatile spread that can be used for cooking, baking, and spreading. It is made with a blend of vegetable oils and has a rich, buttery flavor. Marigold Margarine is also a good source of omega-3 fatty acids, which are important for heart health.

To use Marigold Margarine, simply spread it on bread, toast, or bagels. Marigold Margarine is available in a variety of sizes, so you can choose the right one for your needs. ■

Ingredients: Vegetable Oils, Water, Salt, Emulsifier, Citric Acid, Preservative, Flavouring, Antioxidant, Vitamin A& D, Colour.

Available Sizes: 225g, 10kg, 22.7kg





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Made with a blend of premium quality vegetable oils, Umda Phalka Ghee has a rich and aromatic flavour that is perfect for use in a variety of traditional Indian dishes. Whether you're making biryani, dhal, or any other dish, Umda Phalka Ghee will add a delicious, authentic flavour that will transport you to the streets of India.

Along with its many health benefits, make it the perfect choice for all your cooking needs. So why wait? Try Umda Phalka Ghee today and experience the delicious taste of India in your own kitchen!

Ingredients: Palm and Soy Bean Oil, Preservatives, Stabilizer, Flavouring, Colouring, Vitamins A & D, and Water.

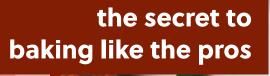














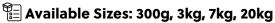




Baker's Pride Shortening is the perfect ingredient for all your baking needs.

Made from high-quality vegetable oils, this shortening has a smooth texture and a neutral flavour that won't overpower your baked goods. Its high melting point ensures that your pastries and cakes come out light, fluffy, and perfectly tender every time.

Ingredients: Palm & Soybean Oils and Emulsifier











golden ripples of creamy sunshine





Sunny Vale Butter

Introducing Sunny Vale Butter, your go-to for rich and creamy goodness in every bite.

Made from the finest dairy, this butter adds a delicious touch to your toast, pastries, or savory dishes.

Easy to melt, spread, or whip, Sunny Vale Butter turns your everyday meals into culinary delights. Elevate your cooking with the golden richness of Sunny Vale Butter – where simplicity meets indulgence.

Ingredients: Butter Oil, Salt, Milk Solids, Emulsifier, Preservatives, Artificial and Natural Flavours, and Vitamins A & D.















Sunny Vale Butter (Unsalted)

Introducing Sunny Vale Unsalted Butter – the pure, creamy goodness without the salt. Made from top-quality dairy, it's perfect for those who love the simple, natural taste of butter.

Whether you're baking, cooking, or spreading it on warm bread, Sunny Vale Unsalted Butter delivers a simple, wholesome richness. Elevate your meals with this straightforward and delicious choice – where simplicity meets exceptional flavour.

Ingredients: Water, Butter Oil, Milk Solids, Emulsifier, Preservatives, Artificial and Natural Flavours, and Vitamins A & D.













Mighty Foam Liquid Laundry Detergent is a powerful, yet gentle, detergent that cleans your clothes without stripping them of their natural oils. Whitening Blue and Powder Soft for everyday washing, Extra Muscle for heavily soiled clothes, Vibrance for bright clothes, and Delicates for fine fabrics.

Mighty Foam is available in a variety of scents, so you can find the perfect one for your family. It is also available in a variety of sizes, so you can choose the right one for your needs.

Ingredients: Water, Anionic and Non-ionic Surfactants, Thickener, Dye Transfer Inhibitor, Builder, Citric Acid, Salt, Otpical Brightener, Fragrance, and Colour

Available Sizes: 900ml, 1.65L, 20L





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Mighty Foam Powdered Laundry Detergent is your go-to choice for impeccable laundry results. Designed with a powerful yet gentle formula, it ensures your clothes receive a thorough clean without compromising their natural softness. Select from our range of fragrances: Whitening Blue, Powder Soft, and Lemon Power to suit your needs.

Trust in the powerful cleaning performance that preserves the integrity of your fabrics, all while enjoying a delightful choice of scents.

Ingredients: Water, Sodium Sulphate, Sodium Tripolyphosphate, Sodium Linear Alkyl Benzene Sulphonate, Sodium Toluene Sulphonate, Optical Brightener, Fragrance

Available Sizes: sachets: 375g, 500g, 900g, 2kg, 5kg, sack: 10kg, 20kg, pails: 1.75kg, 3.5kg











A powerful solution for tackling the toughest stains and grime on any surface. When ordinary cleaning products fall short, Mighty Foam Heavy Duty steps up to the challenge with its formidable combination of caustic soda and cutting-edge cleaning technology.

Specially formulated to take on the most stubborn and deeply ingrained stains. Whether you're dealing with grease, oil, grime, or dirt, this heavy-duty detergent is up to the task. It's the go-to choice for industrial and commercial cleaning, as well as for homeowners facing heavy cleaning challenges.

Ingredients: Water, Linear Alkyl Benzene Sulphonate, Caustic Soda, Sodium Tripolyphosphate



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Elevate your dishwashing experience with Mighty Foam Dishwashing Liquid. Our powerful formula, with four captivating fragrances - Green Apple, Lemon Zest, Citrus Burst, and Wildberry, effortlessly fights tough grease, leaving your dishes spotless.

Mighty Foam Dishwashing Liquid is a powerful, yet gentle, dishwashing liquid that cuts through grease and grime. It is specially formulated with a blend of ingredients that won't dry out your hands.

Ingredients: Water, Sodium Laureth Sulphate, Linear Alkyl Benzene Sulphonate, Cocoamidepropylbetaine, Sodium Chloride, Acrylic Copolymer, Anti-bacterial agent, Ethanol, Preservative, Colour, and Fragrance.

Available Sizes: 425ml, 750ml, 2L, 20L











Mighty Foam Fabric Softener

Experience the joy of wrapping yourself in perfectly softened, wonderfully scented fabrics every day. Mighty Foam Fabric Softener is the key to keeping your clothes feeling like new and smelling amazing, wash after wash.

Mighty Foam's advanced formula is meticulously crafted to provide your fabrics with an unmatched level of softness. It works to relax the fibers in your clothing, bedding, and linens, resulting in a gentle, soothing touch against your skin. Say goodbye to stiff, scratchy fabrics and hello to a world of velvety comfort.

Ingredients: Water, Cationic Ammonium Salts, Acrylic Copolymer, Preservative, Color and Fragrance

🖺 Available Sizes: 900mL, 1.65mL, 20L



softener



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kills bacteria, fights bad odours and smells great **Mighty Foam All Purpose** Cleaner

Say goodbye to dirt, grime, and stubborn stains, and welcome a fresh, sparkling clean with our innovative cleaning solution. Available in four invigorating fragrances - Sea Breeze, Lavender, Paradise, and Aloe.

Mighty Foam is a versatile, powerful cleaner designed to tackle dirt and messes on various surfaces, from kitchen countertops to bathroom tiles, appliances, and more. Its advanced formula is gentle on surfaces and eco-friendly, Mighty Foam is your go-to cleaning solution for a spotless and beautifully scented home.

Ingredients: Water, Benzalkonium Chloride, Castor oil, Ethoxylated Alcohol, Alkylpolyglucosides, Citric Acid, Ethanol, Colour, and Perfume.

Available Sizes: 650mL, 900mL, 2L, 20L





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anti-bacterial germ fighting





Mighty Foam Hand Sanitizer is your reliable defense against germs. Mighty Foam Hand Sanitizer is a powerful 70% ethyl alcohol formula that eliminates 99.99% of germs. It's quick-drying, and non-sticky.

Make Mighty Foam a part of your daily routine and stay germ-free with ease. Available in three convenient sizes: Personal (100mL) for on-the-go protection, Family (300mL) for home and shared spaces, and Refill (1L) for eco-friendly and cost-effective high usage.

Ingredients: Water, Ethyl Alcohol 70%, Glycerine, Triethanolamine, Polycarboxylic acid, Colour, Fragrance



Available Sizes: 100mL, 300mL, 1L, 20L

MIGHT











Infused with invigorating fragrances such as Citrus Zest, Coconut, Pink Blossom, and Sunflower Sunrise, our liquid soap elevates your hand hygiene to a new level while providing a delightful burst of freshness every time you wash.

Our advanced formula is designed to effectively combat germs and bacteria, ensuring that your hands are not only clean but also safe from harmful microorganisms. With a remarkable 99.9% germ-killing power, you can trust Sterling SuperSoap to provide you and your loved ones with the protection you deserve.

Ingredients: Water, Sodium Laureth Sulfate (SLES), Cocoamidopropylamine Oxide, Pearling agent, Sodium Chloride, Glycerine, Preservative, Citric Acid, Antibacterial Agent, Colour, Fragrance

Available Sizes: 330mL, 2L, 20L











joy to any occasion with Igloo Ice Cream.

Whether it's a solo retreat or a shared moment of bliss with loved ones, our ice cream is your passport to a world of flavor-packed delight.

Immerse yourself with our range of flavours:

Vanilla, Strawberry, Blueberry, Lemon Lime,
Chocolate, Cherry, Pino-Orange, Grape,
Banana, and Swirl where every bite is a celebration of sweetness.

Crafted with precision, our ice cream boasts a velvety smooth texture and a rich, creamy taste that sets the stage for an indulgent journey.

Ingredients: Water, Sugar, Milk Solids, Vegetable Oil, Anhydrous Milk Fat, Emulsifier/ Stabilizer, and Artificial Flavours

Available Sizes: 130ml, 230ml, 440ml, 1L, 2L, 4L, 9.5L











Experience the ultimate frozen indulgence with Igloo Inclusion Ice Cream. Our premium ice cream base provides a velvety canvas for the explosion of delectable inclusions including Marshmallow, Cookies & Cream, Midnight Chocolate, Strawberry Cheesecake, etc.

Share the happiness with friends and family or treat yourself to a guilt-free escape into flavor perfection. Unleash your cravings, savor the freshness, and make every moment sweeter with Igloo Inclusion Ice Cream.

Ingredients: Water, Anhydrous Milk Fat, Sugar, Milk Solids, Vegetable Oil, Emulsifier Stabilizers, and Flavours.

Available Sizes: 946mL, 2L, 4L, 9.5L











Igloo Fruit Ice Cream

Dive headfirst into the refreshing reality of Igloo Fruit Ice Cream.

Find your next delicious adventure with juicy pineapple, sunshine-kissed mango, tropical guava, and the unique tang of soursop. Each bite is a getaway, bursting with natural sweetness and vitamins.

Flavours: Pineapple, Mango, Guava, and Soursop.

Ingredients: Milk Solids, Sugar, Vegetable & Butter Oils, Emulsifier, Stabilizer, and Natural Fruit Flavours.

Available Sizes: 473mL, 946mL, 4L, 9.5L





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Indulge in the rich and creamy flavours of Royal Ripple Premium Ice Cream.

This delectable treat comes in four deluxe flavours: chocolate, butterscotch, caramel, and strawberry. Each spoonful is a luxurious experience that will leave your taste buds craving for more. Whether you're in the mood for something decadent or just want to satisfy your sweet tooth, Royal Ripple Premium Ice Cream is the perfect choice. With its smooth texture and heavenly taste, it's sure to become your new favorite dessert. Treat yourself to the ultimate ice cream experience with Royal Ripple.

Ingredients: Milk Solids, Sugar, Vegetable & Butter Oils, Emulsifier, Stabilizers, and Natural & Artificial Flavours.

Available Sizes: 473mL, 1.42L





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Experience a taste of the Mediterranean with Yo'Great Greek Yogurt – a luxurious blend of authentic Greek yogurt and enticing flavors that transport your palate to new heights. Available in six delectable varieties – Blueberry, Guava, Pineapple Chunks, Vanilla, West Indian Cherry and Mango Chunks – each spoonful is a symphony of velvety richness and exotic goodness.

Crafted with the finest ingredients, YoGreat Greek Yogurt is not just a treat for your taste buds but a nutritional powerhouse, offering a protein-packed delight that's perfect for any time of the day.

Ingredients: Pasteurized Skim Milk, Artificial Flavour, Vegetable Oil, Sugar, Emulsifier, Stabilizer, and Yogurt Culture.

Available Sizes: 150g





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Embrace the pure goodness of YoGreat Natural Yogurt, this creamy canvas offers a blank slate for your culinary imagination. Crafted with only the finest milk and yogurt cultures.

YoGreat Natural is a nutritional powerhouse, brimming with protein, calcium, and probiotics to fuel your well-being.

Flavours: Guava, Mango, Pine, Soursop, Strawberry, Vanilla, and Plain.

Ingredients: Pasteurized Skim Milk, Artificial and Natural Flavours, Vegetable Oil, Sugar, Emulsifier, Stabilizer, and Yogurt Culture.

Available Sizes: 150g











Yo'Great Cooking Yogurt, the secret ingredient for culinary excellence! Elevate your dishes with our premium cooking yogurt, crafted to perfection for unparalleled taste and texture. Whether you're whipping up creamy sauces, marinades, dips, smoothies, or decadent desserts, Yo'Great Cooking Yogurt adds a rich, tangy flavor that will impress even the most discerning palates.

Unlock the potential of your recipes with Yo'Great Cooking Yogurt and take your culinary creations to the next level.

Ingredients: Pasteurized Skim Milk, Emulsifier, Stabilizer, and Yogurt Culture.











A delightful burst of old-time goodness in every frozen bite. These flavoured popsicles are a nostalgic nod to the simple pleasures of yesteryears; Grape, Kola Champagne, Bubble Gum, Lime-Lemon, and Passion Fruit/Guava.

With a variety of enticing flavours to choose from, every lick takes you on a sweet journey back in time. Experience the enchanting flavours of Flutee, from classic fruit favorites to unique and inventive concoctions that will tickle your taste buds and transport you to a world of timeless joy.

Ingredients: Refined Sugar, High Fructose Corn Syrup, Corn Syrup, Dextrose Monohydrate, Calcium Sulphate, Citric Acid, Salt, Food Colour, and Artificial Flavour.



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🖺 Available Sizes: 55mL





Crafted with real fruit and available in a medley of delightful flavours, including Mango, Strawberry, Soursop, and Pineapple, these frozen treats offer a refreshing and wholesome experience for your taste buds.

With a focus on quality and authenticity, our Fruit Bars capture the essence of ripe, succulent fruit, delivering a burst of natural flavour with every lick. Cool down, refresh, and savor the taste of real fruit with these luscious and wholesome treats.

Ingredients: Milk Solids, Whey Powder, Refined Sugar, Corn Syrup, Maltodextrin, Vegetable and Butter Oils, Calcium Sulphate, Emulsifiers, Stabilizers, Artificial Flavours and Fruit Purees.





🖺 Available Sizes: 55mL





satisfying crunch, these delectable ice cream bars offer a sumptuous contrast of textures and flavours that's sure to delight your taste buds.

Silky Royale Chocolate Bar boasts a smooth, rich chocolate ice cream center enveloped in premium chocolate coating, while Crunchy Royale Chocolate Bar adds a delightful layer of nuts for an extra crunch. These bars are the ultimate way to satiate your chocolate cravings, offering an unforgettable dessert experience in every bite.

Ingredients: Milk Solids, Refined Sugar, Corn Syrup, Vegetable and Butter Oils, Whey Powder, Emulsifiers, Stabilizers, Golden Vanilla, Chocolate Coating, and Nuts.

Available Sizes: 55mL











to elevate your dessert experience.

The Igloo Sandwich Royale features velvety ice cream nestled between two soft, chewy, and utterly scrumptious cookies that are baked to

perfection. Whether you're treating yourself to a sweet escape or sharing the joy with friends and family, the Igloo Sandwich Royale is the

pinnacle of frozen dessert decadence.

Ingredients: Bleached Wheat Flour, Corn Flour, Sugar, Caramel Colour, Dextrose, Palm Oil, Cocoa, High Fructose Corn Syrup, Corn Syrup, Modified Corn Starch, Baking Soda, Salt, Mono & Diglycerides, Soy Lecithin, Water, Sugar, Emulsifier/Stabilizer, Milk Solids, Anhydrous Milk Fat, and Artificial Flavour.







Available Sizes: 95g





The delicious frozen dessert that offers a guilt-free treat for those looking to manage their sugar intake, including individuals with diabetes. Our carefully crafted ice cream is sweetened without added sugars, allowing you to savor the rich and creamy flavours you love without worrying about blood sugar spikes.

With a delectable array of flavours to choose from, like classic Vanilla, French Vanilla, indulgent Chocolate, and refreshing Strawberry, you can enjoy a satisfying dessert experience on any occasion.

Ingredients: Water, Maltitol Syrup, Milk Solids, Vegetable Oil, Xylitol, Soluble Corn Fiber, Anhydrous Milk Fat, Whey Protein Concentrate, Whey Protein Isolate, Stabilizer, Emulsifier, and Artificial Flavour.

Available Sizes: 1L, 2L, 9.5L











Hydr8 Fresh Coconut Water

The purest and most refreshing way to quench your thirst and revitalize your body. Our coconut water is a testament to the lush, sunkissed coconuts grown on the pristine coast of Guyana.

These coconuts are carefully picked and processed under the safest and strictest standards to bring you the purest hydration experience. Hydr8 Coconut Water is not just about satisfying your taste buds; it's a wellspring of essential nutrients and offers valuable antioxidant properties.





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